



WHITE PARENTS, WHITE CHILDREN & RACIAL JUSTICE

Are you a white parent/caregiver who wants to raise your white children in a way that prepares them to show up in anti-racist ways?

This is complex, meaningful, work that involves a commitment to developing our own consciousness, ways of being, and skills around racism and allyship as white adults. This series draws from research and concrete practices focused on adult development and capacity building, Adlerian theory, how children understand race, and how we develop healthy racial identities. Through this eight session series, participants will:

- Build our awareness of our own racial identity, whiteness, white supremacy, positionality and systemic inequities
- Understand how our parenting/caregiving styles are impacted by white supremacy and learn how to parent differently
- Foster resilience in our children through understanding the gift of challenge and adversity
- Expand our capacity to be with our own and our children's discomfort while grappling with the realities of racism
- Engage in practical, compassionate and interactive exercises, discussion, and practices to build our anti-racist parenting/caregiving capacities and skills

WINTER 2022 DATES: Tuesdays 6 – 8 PM. 1/25, 2/1, 2/8, 2/15, 3/1, 3/8, 3/15, 3/22

[REGISTER HERE](#)



Catherine DeSchepper is dedicated to ending racism, adultism and other oppressions through facilitating circles of learning and healing. She has over 25 years of teaching and leadership experience and is a [Certified Integral Coach](#) and [Positive Discipline Trainer](#) with an MS in Early Childhood and a Montessori Administrator Credential.



Mollie Crittenden has focused primarily on race and racism in her commitment to healing personal and social oppressions for over 25 years. She is an educator, [Certified Integral Coach](#), and adult facilitator and lead teacher with the [UNtraining](#) with two different teaching credentials and a Masters Degree in Education.

CLASS INCLUDES:

- **8 Interactive Live 2 Hour Classes** taught experientially via a virtual platform through small group activities, role plays, whole group, small and paired discussions.
- **Weekly Handouts** including resource materials, summaries, exercises, practices and tools.
- **Weekly Lifework** (homework) is offered each week for embodied opportunities for noticing, practicing and leaning into the class learning in your daily parenting and life experiences.
- **Supplemental Reading Assignments** are offered throughout the course.
- **A Reflection Partner** who you'll be encouraged to check-in with throughout the series for deeper connection, processing and support.
- **Access to a Private Class Resource Page** with additional handouts, links, resources offered by other participants and videos.
- **2 Experienced Facilitators** in all sessions and available for email questions/support between classes.
- **Registration limited** at 23 for greater trust, community building and opportunities for dialogue.
- **Free 30 minute 1:1 Coaching Session** with Mollie or Catherine at the end of the series.

COST: \$445/person and \$375/2nd– 4th caregivers (partner, co-parent, neighbor, grandparent etc.)

EARLY BIRD DISCOUNT: Get \$50/person off when you register by 12/25/21 and use coupon code EARLY50.

[REGISTER HERE](#)

We do not want the cost to be an obstacle for anyone who wishes to participate in the class. If the series fee is preventing you from enrolling, please reach out so we can discuss how to make the class accessible.

A portion of our profits will go towards BIPOC-led racial justice organizations and [The Shuumi Land Tax](#).

Refunds (minus a \$35 processing fee) are available up to 30 days before the series begins. After that time, fees may be transferred to a future series, or your spot may be gifted to a friend/colleague.

ORGANIZATIONAL PARTNERSHIPS: Please contact us if your school or community group is interested in partially funding parent/caregiver participation in this course so we can make registration arrangements accordingly.

QUESTIONS: Contact Mollie at molliecrittenden@gmail.com or Catherine at catherine@interweavers.com

WHAT PEOPLE SAY:

"I had an incredible experience working with Mollie. She is such a compassionate, thoughtful, and courageous facilitator and coach. Mollie has the rare ability to facilitate profound compassion while confronting and exploring difficult truths. This helped me cultivate my confidence in my own basic goodness in order to strengthen my awareness of my white conditioning and deepen my commitment to racial justice. I can't recommend Mollie enough. The work she does is life changing." - *Shane O.*

"Joining the group I found I was not alone. Catherine has a unique ability to lead, allowing for vulnerability and trust with challenging topics while holding space in a way of support and inspiration to grow, heal and learn. Catherine has helped me begin my journey of understanding my story of race and how to raise anti-racist children that I could not have done on my own." - *Julie*
